

Orange County Perinatal Council Meeting Highlights

July 11, 2023

In Attendance:

Kristin Boone, Administrative Manager II - MCAH Coordinator OCHCA-CNSD/Community Programs	Hawa Mariko - PhD Student UCI Program in Public Health
Colleen Brody, HCA Program Supervisor II OCHCA- 17 th St. Testing, Treatment and Care	Arlene E Miranda, Admin Mgr OCSSA
Val Brauks, Project Director Children and Families Coalition of Orange County	Megan Montrone, Supervising Public Health Nurse OCHCA-CNSD-PACT/MHRN
Danielle Burns, CLEC CalOptima Health Bright Steps	Mayra Moreno - Family Specialist CHOC Community Clinic/DULCE
Michele Cheung, MD, MPH - Acting MCAH Medical Director OCHCA-CNSD	Natalie Nguyen, LCSW - Service Chief II OCHCA-CNSD/CP/Adolescent Family Life Program and Cal Learn
Chad Cossey, PS II OCEMS	Sarah O'Rourke, MSW, MSPH - Chief Program Officer MOMS Orange County
Dianna Daly - Consultant First 5 Orange County	Janira Perez - Director of Strategic Program Development MOMS Orange County
Ashley English, RN, PHN - Perinatal Care Coordinator OCHCA-CNSD-CP/Comprehensive Perinatal Services Program (CPSP)	Ronilyn Ricaforte, MSN, RN, PHN - Supervising Public Health Nurse OCHCA-CNSD/CP/CHDP/CPSP
Teresa Espino - Family Specialist CHOC Community Clinic/DULCE	Marcia Salomon - Supervising Public Health Nurse OCHCA-CNSD/Nurse Family Partnership®
Gagandeep Grewal, MD, Associate Emergency Medical Services (EMS) Medical Director OCEMS	Adriana Nieto Sayegh, MSN, RN, COO & Clinical Director Laguna Beach Community Clinic
Lucy Hernandez, HCA Program Supervisor II OCHCA-CNSD	Skarlet Segundo - Service Chief II OCHCA-Orange County Parent Wellness Program
Alicia Hughes, PHN OCHCA-CNSD-Calworks	Hoda Shawky - Consultant First 5 Orange County-Children and Family Commission and La Leche League
Amanda Lamont, MPH, CLE - RBL OCHCA-Nutrition Services/WIC	Lisa Stellwagen, MD, Executive and Medical Director UC Health Milk Bank – UC San Diego Health
Lee Lombardo, LCSW - Associate Executive Director YMCA of OC Community Services	Rona Tagayun - Supervising Public Health Nurse OCHCA/CNSD/PACT
Cynthia Lopez – Primary Care Community Health Worker/Dulce Family Specialist CHOC Community Clinic	Gaby Torres, HCA Program Supervisor I OCHCA/CNSD
Michelle Lubahn – Community Education Manager CHOC Community Clinic/DULCE	Bradley Vargas - Administrative Manager II OCHCA-CNSD-Perinatal, Infant and Adult Nursing Programs
Sara Marchese, Medical Director OCSSA	Lyn Yasmura, SCAL Regional Chief of OBGYN Kaiser Permanente

Welcome, introductions and announcements:

- Dr. Michele Cheung welcomed all in attendance.
- Attendees signed in via the chat box and also provided introductions

Upcoming Title V Needs Assessment – Dr. Michele Cheung

- The Title V Maternal and Child Health Block Grant provides core funding to California to improve the health and well-being of mothers, infants, children and youth, including children and youth with special health care needs and their families
- California is required to complete a comprehensive needs assessment on the health and well-being of the MCAH population every 5 years
- Each local health jurisdiction (LHJ) completes a local needs assessment every 5 years and uses the results to plan local programs. CDPH MCAH compiles all the LHJ information to develop the statewide needs assessment
- All OCPC members will be invited to participate
 - Identify who in your organization best to represent
 - Suggest additional participants
 - Think about what are some of the local health issues affecting the MCAH population to prioritize work on?

Orange County Perinatal Council Meeting Highlights

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Emergency Preparedness - Michele Cheung, MD

- We have been working internally utilizing new guidance and would like our partners to also plan
- Think about what your role is in case of a disaster

Introduction to Health Emergency Management – Gagandeep Grewal, MD – Associate Emergency Medical Services (EMS) Medical Director - OCHCA

- Emergency Management protects communities by coordinating activities to improve the capability to mitigate against, prepare for, respond to, and recover from natural or man-made disasters
- Focus on medical and health emergency management
- Ensure comprehensive medical and health disaster response activities across Orange County are executed

MCA Considerations - Michele Cheung, MD

- Who are we planning for?
- Preparedness
 - Stay healthy
 - Stay connected
 - Stay calm
 - Stay informed
- Next steps:
 - Everyone: Individual and family preparedness planning
 - HCA: Completion of internal Maternal, Child & Adolescent Considerations for Emergency Planning Toolkit
 - OCPC Members: Work on own organization agency planning
 - Future meeting: Discussion on how we can best communicate and support our perinatal population

Updates

- **PMAD updates – (SEEDS (Services, Education, Emotional & Developmental Support) for Thriving Families Coalition)) Hoda Shawky, First 5 Consultant**
 - Workgroup meets every month
 - Will be meeting in person at Hoag Center for Healthy Living on October 23rd
 - Working to update the toolkit and PMAD algorithm
- **Plans of Safe Care updates – Dianna Daly, First 5 Consultant**
 - County of Orange Social Services Agency and First 5 Orange County were awarded the in-Depth Technical Assistance (IDTA) program in May 2023
 - Through the IDTA program, Orange County is working with the National Center on Substance Abuse and Child Welfare (NCSACW) to develop a comprehensive framework for Plans of Safe Care (POSC) that will:
 - Improve outcomes for infants and families affected by prenatal substance exposure
 - Support the recovery of pregnant and parenting individuals and their families
 - Develop policies and protocols that support intervention during the prenatal period.
 - Reduce the number of infant removals due to parental substance use
 - Project Goals:
 - Reduce stigma and discrimination by identifying and implementing methods to establish trust between the community, child welfare, service delivery providers, and

Orange County Perinatal Council Meeting Highlights July 11, 2023

- the judicial system
 - Increase the coordination of care and the implementation of Plans of Safe Care by developing and implementing protocols between partners that formalize how partner agencies will interact with, serve, and improve outcomes for families impacted by parental substance use and infants effected by prenatal exposure to substances
 - Improve data collection and exchange with a racial/ethnic equity lens
 - Increase access to care and services by cultivating a family-centered focus of treatment and support
 - The October 16th and 17th summit will be held at the Behavioral Health Training Center
 - Feel free to reach out to Dianna Daly
- **Breastfeeding - Amanda Lamont – OCHCA WIC**
 - August is breastfeeding month and the theme is Lactation Accommodation
 - August 29th – Event at Ponderosa Park (looking for vendors)
 - Breastfeeding education
 - Parents can get 15 minutes with a breastfeeding specialist
 - Food boxes will be provided
 - MOMS OC Milk Bank – Amanda will do a presentation about placing lactation accessible rooms with community partners around OC. If you are aware of a community organization, school, park, etc. that could use help, notify Amanda
- **Pasteurized Donor Human Milk Provision in California NICUs – Lisa Stellwagen, MD FAAP – Executive and Medical Director, UC Health Milk Bank – UC San Diego Health**
 - Goal is to reduce disparities within the state
 - There is now enough milk to meet the needs and the critical issue is lack of hospital adoption
 - Dr. Cheung will provide Dr. Stellwagen with Lucy Van Otterloo’s contact information as she would be a great resource for OC hospitals
- **Nurse-Family Partnership®: Marcia Salomon, SPHN & Robyn Baran, SPHN- OCHCA**
 - Capacity: 10 nurses/250 clients
 - Current caseload: 153 clients (increase of 43 clients since April)
 - Current availability: 72 clients
 - Challenges: school referrals have decreased
 - Visited many OB providers
 - Highlights from this quarter:
 - Implementing POSC with clients
 - Two-day Maternal Mental Health Training
 - First graduations since returning from Covid Response
 - Hired a new experienced NFP nurse
 - Serving a hearing impaired client with an ASL interpreter
- **Wrap-up**
 - Dr. Cheung requested that members think about future topics they are interested in